

# COVID-19



## Safeguarding Adults

for people self-isolating



We want to make sure that the **most vulnerable are safe** when they are self-isolating. Here are some things to think about if you are offered, or need, support during this time.



Try to use **existing and trusted community groups**. If not, could a **family** member, **friend** or **neighbour** who you know and trust help?



**Not sure? Don't answer the door**

If you're not sure about an offer of help, ask the person to leave details and talk to someone you trust about it.



You can contact **Adult Social Care** on 030 33 33 3001 if you need support or you feel unsafe. In an emergency, call **999**.

For concerns about a child, report it by telephoning 030 33 33 3001



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## Safeguarding Adults

### Mutual Aid Groups



Safeguarding adults means **protecting** the most **vulnerable** from **abuse** and neglect



Abuse and neglect can happen in **different ways** and be perpetrated by **anyone**. Abuse can be a **crime**



If you **see something**, are **told something** or something **doesn't feel right** you need to **report it**



Report concerns to **Adult Social Care** on **030 33 33 3001**.

If someone is in immediate danger call **999**



Find out more [www.dgppp.org.uk](http://www.dgppp.org.uk)

**For concerns about a child,  
report to 030 33 33 3001**