

ARE YOU CONCERNED ABOUT A LOVED ONE'S ALCOHOL OR DRUG USE?

ARE YOU 18 OR OVER AND LIVING IN DUMFRIES AND GALLOWAY?

ARE YOU COPING ALONE?

BEING THERE CAN HELP

We are a free, confidential, non-judgemental service that will offer YOU a listening ear when struggling with your loved one's drug or alcohol use.

We can offer YOU emotional support, help and practical advice...when you need it most.



0333 8806950

BeingThere@adssws.co.uk

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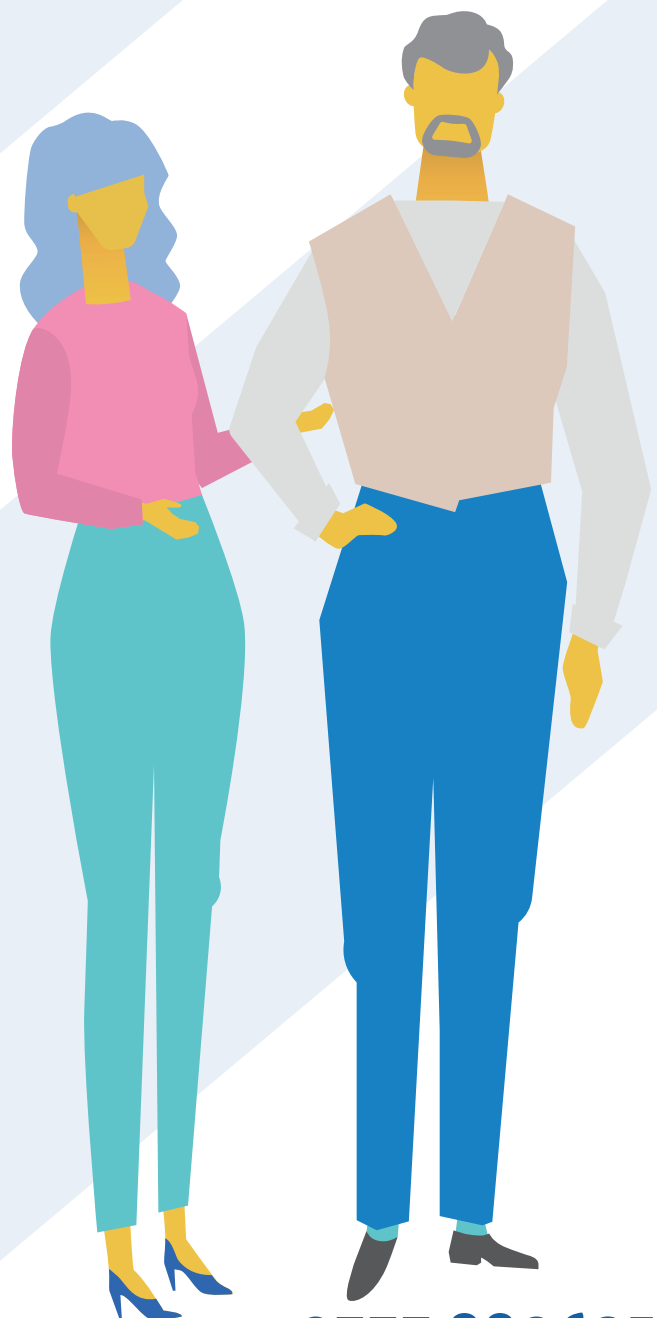
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