

What will happen if I tell someone?

A member of Social Work staff will:



take time to listen to you and take what you say seriously;



take steps to make sure you are safe;



get medical help if needed;



contact the police if a crime is suspected;



involve other professionals to ensure you get the help and support you need to stay safe;



contact an advocacy worker who can help you speak up and protect your rights.

Who should I contact?

For more Information and help please contact the Social Work Access Team on 030 33 33 3001 or after 5pm the Social Work Out of Hours Service on 01387 273660.

You can also speak to a Health professional or Police Scotland on 101 or 999 if it is an emergency.

We will take your concerns seriously.

If you See something, Say something!

Dumfries and Galloway Public Protection Partnership
www.dgppp.org.uk



What is Adult Support & Protection?

What is the Adult Support and Protection Act?

The Act is a law to protect people from being harmed and provide support to help them stay safe.

Who is it for?

You might be an “adult at risk” if you are over 16 and:

- you are being hurt or treated badly by someone else;
- or you are hurting yourself;
- you might need support to stay safe. This might be because you have a disability or suffer from a mental illness or are physically unwell.

Harm is always wrong.

What is harm?



Sexual Harm

Any type of sexual contact that you do not want.



Psychological Harm

When someone bullies or frightens you.



Neglect

If the people in your life are not helping you to keep safe and well.



Physical Harm

Being hurt, for example being kicked or punched.



Financial Harm

When someone takes your money or stops you having access to your money.



Self-Harm

Sometimes when people are upset they can hurt themselves by misusing drugs, alcohol, hitting or cutting themselves.

Anyone can cause harm, including family, friends or staff.

Speak out if you think someone is being harmed or if someone is harming you.



Your Rights

The Act aims to find a balance between taking steps to protect you from harm but also respecting your rights as an adult.

Your feelings matter and you have a right to make choices.