

What will happen if I tell someone?



A member of Social Work staff will:



take time to listen and take what you say seriously



take steps to make sure you are safe



get medical help if needed



contact the police if a crime is suspected



involve other professionals to make sure you get the help and support you need to **stay safe**



contact an advocacy worker who can help you and protect your rights.

Who do I contact?



For more Information or to report a concern:

Social Work Access Team
on **030 33 33 3001** or

or after 5pm and at weekends
Social Work Out of Hours Service on
01387 273660.

You can also speak to a Health professional or Police Scotland.

Call 101 or 999 if it is an emergency.

We will take your concerns seriously.

**If you
see something!
say something!**

www.dgppp.org.uk



**What is
Adult
Support
and
Protection?**

What is the Adult Support and Protection Act?



The Act is a law to protect people from being harmed and provide support to help them stay safe.

Who is it for?

You might be an “adult at risk” if you are:

- being hurt or treated badly by someone
- hurting yourself
- needing support to stay safe. This might be because you have a disability or suffer from a mental illness or are physically unwell.

Harm
is always
wrong

What is harm?



Sexual Harm

Any type of sexual contact, including sexual images on social media without consent.



Psychological Harm

Emotional conduct which causes fear, alarm or distress. Including coercive control.



Neglect / Self Neglect

You or people in your life are not helping to keep you safe and well.



Physical Harm

Being hurt, for example hitting, slapping, punching, kicking, biting and pushing.



Financial Harm

When someone takes your money or stops you having access to your money.



Self-Harm

This can include a person misusing drugs, alcohol, hitting or cutting themselves.

Your Rights

The Act aims to find a balance between taking steps to protect you from harm but also respecting your rights as an adult.

Your feelings matter and you have a right to make choices.

Anyone can cause harm including family, friends or staff.

Speak Out

if you think someone is being harmed or if someone is harming you.